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| --- | --- | --- | --- | --- | --- | --- | --- |
| **Print this out and put it on the fridge.**  Each encounter your puppy has should be a positive experience. We do not want any bad experiences. Please watch how your puppy reacts to each situation. We are going to use treats to show your dog that these novel situations have a positive outcome.  If your dog barks, or lunges, they are overwhelmed. If they do not take treats they are probably feeling uneasy. Take your dog away from the object and work at the distance that is comfortable for your dog. Gradually build up his proximity, over time, with food.  **NEVER** scold, correct, or shout at him when he is expressing pure fear (or reacting). He will think you are agreeing with the fear and it will build a bad experience (Dogs learn by association) for him in the future and this takes a great deal of time to undo.  **Never** adopt the attitude that “he knows” or “he is just doing it to show me up” Also, using the word “NO” which is used to scold your dog (probably) is a bad association building approach.  **HE (or SHE)** is a dog, does not speak English (or any other human language) so let’s listen to him and give him the best start possible with lots of new things.. We have to show him things are good!! We can even make it a great game to spot how many novel objects you can find on a walk!  **ALWAY**S counter condition him to the presence of objects by pairing the experience with something beautiful like cheese, or ham or something yummy!!  **Scoring your puppies response to a Person, Object or, Handling habituation/socialization response:**  *Grade your puppies response from 1-10 to monitor your progress. Your low scores will give you an indication of the work you need to do with the puppy.*  **1 =** Biting, snapping, showing over arousal and trying to get at object to get it away from the puppy (this is pure fear and needs low level exposure over a period of time. Please do not give up)  **2 =** Growling at object or barking, high tail, hackles up! This is a sign of arousal  **3 =** Stiffening and staring- Frozen  **4=** Avoidance any attempt to get away from the object,  **5=** Slight hesitation to approach and may even give an initial bark to test the water (perhaps you might want to touch the object and make positive moves (not forcing dog forward and only if it is safe to do so) and show him that it is not frightening  **6=** Stands, but is slightly crouched, with tail tucked under (never force him to go forward always let him do this in his own time)  **7=** Creeps forward, ears are back but he is hesitant and interested at the same time. You need to keep this positive, do not make a big deal out of this behavior and try and show him that nice things happen in the presence of this novel object.  **8=** Spots object, turns his head slightly away, licks his lips, yawns, ground sniffs, paws the ground. These are all displacement activities and signals that he is uncomfortable, a good time to counter-condition him to the presence of the object  **9=** He is calm, relaxed, interested and explores the object, is happy to take food and is interested in it, he is playful, easy to redirect  **10=** All of the above, but he may not need food, he is not reacting at all, but is happy to be around it, has not shown any signs of worry or anxiety. | | | | | | | |
|  | | | | | | | |
| **Type of Habituation & Specific Socialisation** | **M** | **T** | **W** | **T** | **F** | **S** | **S** | |
| **Handling Checking the ears** |  |  |  |  |  |  |  | |
| **Examining mouth and gums (capillary refill time)** |  |  |  |  |  |  |  | |
| **Opening the eyelids checking the eyes** |  |  |  |  |  |  |  | |
| **Squeezing the feet** |  |  |  |  |  |  |  | |
| **Holding and trimming nails** |  |  |  |  |  |  |  | |
| **Pinching skin** |  |  |  |  |  |  |  | |
| **Poking the skin with a pen (gently)** |  |  |  |  |  |  |  | |
| **Touching and squeezing the nose** |  |  |  |  |  |  |  | |
| **Poking the nose with a pen (gently)** |  |  |  |  |  |  |  | |
| **Holding him in your lap** |  |  |  |  |  |  |  | |
| **Holding puppy on its back while giving a belly rub** |  |  |  |  |  |  |  | |
| **Hugging your puppy** |  |  |  |  |  |  |  | |
| **Pulling the collar (make this a game with treats)** |  |  |  |  |  |  |  | |
| **Grabbing puppy by leg or other part** |  |  |  |  |  |  |  | |
| **Wiping body with a towel** |  |  |  |  |  |  |  | |
| **Putting on a head halter** |  |  |  |  |  |  |  | |
| **Putting on a harness** |  |  |  |  |  |  |  | |
| **Wearing a cone of shame :-)** |  |  |  |  |  |  |  | |
| **Wearing a muzzle (this is a great game put treats in muzzle)** |  |  |  |  |  |  |  | |
| **Wearing a coat, jacket or otherwise** |  |  |  |  |  |  |  | |
| **Wearing a bandage (good practice for future bandaging attempts)** |  |  |  |  |  |  |  | |
| **Type of Habituation & Specific Socialisation** | **M** | **T** | **W** | **T** | **F** | **S** | **S** | |
| **Unfamiliar People Women** |  |  |  |  |  |  |  | |
| **People varying ethnic origins** |  |  |  |  |  |  |  | |
| **Tall men and women** |  |  |  |  |  |  |  | |
| **Men with deep voices** |  |  |  |  |  |  |  | |
| **Men with beards** |  |  |  |  |  |  |  | |
| **Elderly** |  |  |  |  |  |  |  | |
| **People wearing hats, helmets** |  |  |  |  |  |  |  | |
| **People wearing different types of boots** |  |  |  |  |  |  |  | |
| **People wearing hooded tops** |  |  |  |  |  |  |  | |
| **People wearing backpacks** |  |  |  |  |  |  |  | |
| **People wearing sunglasses** |  |  |  |  |  |  |  | |
| **People with crutches, canes, walking sticks, frames etc** |  |  |  |  |  |  |  | |
| **Teenagers** |  |  |  |  |  |  |  | |
| **Children standing still and playing** |  |  |  |  |  |  |  | |
| **Toddlers in all different settings and making noises** |  |  |  |  |  |  |  | |
| **Babies (crawling)** |  |  |  |  |  |  |  | |
| **People jogging, running wearing various attire** |  |  |  |  |  |  |  | |
| **People sitting on the side walk (and or homeless people)** |  |  |  |  |  |  |  | |
| **Unfamiliar Dogs and those who play well** |  |  |  |  |  |  |  | |
| **A dog who is well balanced but does not want a puppy in his space** |  |  |  |  |  |  |  | |
| **With puppies who play well (remember time outs for over arousal)** |  |  |  |  |  |  |  | |
| **Type of Habituation & Specific Socialisation** | **M** | **T** | **W** | **T** | **F** | **S** | **S** | |
| **Other species, cats, hamsters, rabbits (perhaps in a pet shop)** |  |  |  |  |  |  |  | |
| **Horses and livestock** |  |  |  |  |  |  |  | |
| **New surfaces, carpet, rugs, different floors** |  |  |  |  |  |  |  | |
| **Slippery floors such as** |  |  |  |  |  |  |  | |
| **hardwood, linoleum or marble** |  |  |  |  |  |  |  | |
| **Man-Hole covers** |  |  |  |  |  |  |  | |
| **Scales (at vets)** |  |  |  |  |  |  |  | |
| **Clicker sound** |  |  |  |  |  |  |  | |
| **Exercise balls** |  |  |  |  |  |  |  | |
| **See-Saw (children’s play ground)** |  |  |  |  |  |  |  | |
| **Stairs** |  |  |  |  |  |  |  | |
| **Wet grass** |  |  |  |  |  |  |  | |
| **Mud** |  |  |  |  |  |  |  | |
| **Ice, frost, snow** |  |  |  |  |  |  |  | |
| **Music** |  |  |  |  |  |  |  | |
| **Whistle** |  |  |  |  |  |  |  | |
| **Scary sounds Thunder** |  |  |  |  |  |  |  | |
| **Fireworks** |  |  |  |  |  |  |  | |
| **Babies and young children** |  |  |  |  |  |  |  | |
| **Alarms & Sirens** |  |  |  |  |  |  |  | |
| **Dogs barking** |  |  |  |  |  |  |  | |
| **Doorbell ringing** |  |  |  |  |  |  |  | |
| **Traffic lights (and traffic jams)** |  |  |  |  |  |  |  | |
| **Road works traffic cones, tape, drilling etc** |  |  |  |  |  |  |  | |
| **Vacuum cleaner (use counter-conditioning)** |  |  |  |  |  |  |  | |
| **Type of Habituation & Specific Socialisation** | **M** | **T** | **W** | **T** | **F** | **S** | **S** | |
| **Objects with wheels Skateboards** |  |  |  |  |  |  |  | |
| **Rollerblades** |  |  |  |  |  |  |  | |
| **Rubbish bins outside** |  |  |  |  |  |  |  | |
| **Shopping Trolley** |  |  |  |  |  |  |  | |
| **Push Chairs** |  |  |  |  |  |  |  | |
| **Wheel chairs** |  |  |  |  |  |  |  | |
| **Bikes** |  |  |  |  |  |  |  | |
| **Cars** |  |  |  |  |  |  |  | |
| **Buses** |  |  |  |  |  |  |  | |
| **Motorcycles** |  |  |  |  |  |  |  | |
| **Pots, pans, plates** |  |  |  |  |  |  |  | |
| **Blankets, rugs, door-mats being shaken** |  |  |  |  |  |  |  | |
| **Brooms** |  |  |  |  |  |  |  | |
| **Balloons** |  |  |  |  |  |  |  | |
| **Umbrellas** |  |  |  |  |  |  |  | |
| **Things blowing in the wind eg plastic bag, flags** |  |  |  |  |  |  |  | |
| **Road signs** |  |  |  |  |  |  |  | |
| **Rubbish bins in the house** |  |  |  |  |  |  |  | |
| **Rubbish bins outside** |  |  |  |  |  |  |  | |
| **Bin liners, full and empty** |  |  |  |  |  |  |  | |
| **Metal pots, pans or ornaments** |  |  |  |  |  |  |  | |
| **Surfaces, such as concrete, tile, brick, shiny, smooth and incline** |  |  |  |  |  |  |  | |
| **Reflections in mirrors windows etc** |  |  |  |  |  |  |  | |
| **Pens, pencils and biro's** |  |  |  |  |  |  |  | |
| **Type of Habituation & Specific Socialisation** | **M** | **T** | **W** | **T** | **F** | **S** | **S** | |
| **Residentially populated neighborhood** |  |  |  |  |  |  |  | |
| **Residential city streets** |  |  |  |  |  |  |  | |
| **High traffic city street** |  |  |  |  |  |  |  | |
| **Lorries** |  |  |  |  |  |  |  | |
| **Shopping centre car park** |  |  |  |  |  |  |  | |
| **Inside different buildings** |  |  |  |  |  |  |  | |
| **Dog-friendly event eg a fete, concert, game fair** |  |  |  |  |  |  |  | |
| **Public house :-)** |  |  |  |  |  |  |  | |
| **Shops and high streets with shops (check if dogs allowed)** |  |  |  |  |  |  |  | |
| **Location of several different** |  |  |  |  |  |  |  | |
| **Puppy Parties** |  |  |  |  |  |  |  | |
| **Washing Machine and Tumble Driers** |  |  |  |  |  |  |  | |
| **Lifts** |  |  |  |  |  |  |  | |